

CONC's Weekend Hiking Schedule – 2008

Hikers meet at the Parkinson Recreation Centre parking lot, southeast corner, nearest to Harvey and Spall. The group leaves promptly at the time shown. Please arrive at the meeting point at least 15 minutes before departure time, otherwise you may not be able to carpool. If you are hoping to be picked up somewhere other than the Parkinson Recreation Centre, you must contact the hike leader beforehand. In particular, if you are hoping to be picked up on the Westside, you must contact the leader at least a day in advance.

Carpooling is encouraged for general conservation reasons and because we sometimes must negotiate bad roads or arrive at places with limited parking. The carpooling rate is 10 cents per kilometre per passenger, paid to the driver at the end of the trip. The minimum charge is \$2 per passenger.

These hikes rated using a three-character code, a capital letter followed by a number, followed by a loittle letter. The first refers to the elevation gained. The second refers to the distance walked. The third relates to the type of trail.

A means less than 300 metres	1 means 10 km or less	a means a good trail
B means 300 – 600 metres	2 means between 10 and 20 km	b means a rough trail
C means 600-1000 metres	3 means more than 20 km	c means no trail or bushwacking

Of course, in the Okanagan, a category c trail may mean easy walking through open Ponderosa pine forest. Check with the hike leader if you have any concerns about a specific trail.

Hikes usually involve some bushwhacking and/or off-trail sections. Bring good waterproofed hiking boots, and be dressed appropriately for the weather and with regard to the expected terrain conditions. Bring a waterproof day pack with plenty of drinking water, lunch, rain gear, first aid equipment, and whistle. Remember your carpool money.

If you have questions about a specific hike, please phone the hike leader or call the Hiking Coordinator (Rick Gee at 250 763-0124). Note that hike destinations may change with little notice.

Time	Date	Destination	Rating	Leader	Phone
9 AM	Sun Apr 06	Knox Mountain	B2b	Bitten Tisdale	763-4473
9 AM	Sat Apr 12	Mount Boucherie	B2b	Mike Dakin	768-3475
9 AM	Sun Apr 13	Westside area	A2b	Bob Fulton	707-0793
9 AM	Sat Apr 19	Peachland area	B2b	Norman May	250 767-9650
9 AM	Sat Apr 26	Rattlesnake Hill	B2b	Tricia Masters	763-0690
8 AM	Sun Apr 27	Mt Aeneas	C2b	Brian Riphagen	768-5520
9 AM	Sat May 10	High Rim Trail – Grand View	A2b	Alice Hargreaves	769-5812
9 AM	Sun May 11	Glenmore Highlands	A2b	Ernie Obst	762-8839
9 AM	Sat May 17	Hayman Lake	B2b	Clare Cutler	707-1357
9 AM	Sun May 18	Mt Keogan	B2b	Norman May	250 767-9650
9 AM	Sat May 24	Shannon Woods	B2b	Clare Cutler	707-1357
8 AM	Sun May 25	Walk for Parks – see back		Bob Fulton	707-0793
8 AM	Sat May 31	Okanagan Mountain Critter Count, including a backpack to Turtle Lakes (contact Rick)	Varies	Les Gyug	769-5907
9 AM	Sun Jun 01	Mission Falls	B2b	Bill and Peg Emigh	861-3694
9 AM	Sat Jun 07	High Rim community hike	B2b	Alice Hargreaves Rick Gee	769-5812 763-0124

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CONC's Weekend Hiking Schedule – 2008 (continued)

8 AM	Sun Jun 08	Okanagan Mountain Park – Rim Trail	B2b	Rick Gee	763-0124
8 AM	Sat Jun 14	Nordic Adopt-A-Highway and Hike, McCulloch area	A2b	Alice Hargreaves Rick Gee	769-5812 763-0124
9 AM	Sat Jun 21	Mission Greenway bike and pub	A2b	Tricia Masters	763-0690
8 AM	Sun Jun 22	Myra trestles reopen	A2b	Rick Gee	763-0124
8 AM	Sat Jun 28	Telemark	B2b	Emile Brokx	768-0870
8 AM	Sun Jun 29	Lacoma lake	A2b	Don Guild	768-3334
	Sat Jul 05	First aid course – all leaders are encouraged to attend		Alice Hargreaves	769-5812
8 AM	Sun Jul 13	Brent Mountain	C3c	Don Guild	768-3334
	Sat Jul 19	No scheduled hike this weekend as many hikers are heading out for summer camp			
	Sat Jul 26	No scheduled hike this weekend as many hikers are returning from summer camp			
8 AM	Sat Aug 09	Sheep Rock	C2b	Norman May	250 767-9650
	Sun Aug 10	Big White Ecological Reserve	C2b	Don Guild	768-3334
8 AM	Sat Aug 16	Sugar Lake weekend	C2b	Rick Gee	763-0124
8 AM	Sun Aug 17	Sugar Lake weekend	C2b	Rick Gee	763-0124
8 AM	Sat Aug 23	Little White from Bellevue Trestle	C2b	Brian Riphagen	768-5520
8 AM	Sat Aug 30	Okanagan Mountain Park	B2b	Rick Gee	763-0124
9 AM	Sat Sep 06	Angel Springs	B2b	Alice Hargreaves	769-5812
9 AM	Sat Sep 13	Thunder Mountain North, a new hike	B2b	Rick Gee	763-0124
9 AM	Sun Sep 14	Little White	C2c	Don Guild	768-3334
9 AM	Sun Sep 28	Cardiac Hill	B2b	Tricia Masters	763-0690
9 AM	Sat Oct 04	Thunder Mountain	B2b	Rick Gee	763-0124

Due to challenges in finding leaders (would you like to volunteer?), we have many hiking days without hikes. If there is no hike shown for a particular date, then there is no scheduled hike for that date. Feel free to organize a hike on your own, but tell people at least a week in advance, so we can join you.

March for Parks is on May 25 this year – The headquarters will be Westbank Town Centre Park which is at 2569 May Street (off Hebert Rd., behind the Shell station and Dairy Queen). Registration begins at 0800 and hikes start at 0900. There will be easy, moderate, and hard Hikes.

For additional hikes, contact the North Okanagan Naturalists' Club (www.nonc.ca/), the South Okanagan Naturalists' Club (members.tripod.com/~sonc/), the Central Okanagan Hiking Club (<http://www.hikekelowna.org/>), the Central Okanagan Regional District (www.regionaldistrict.com), and the Parkinson Recreation Centre (www.recreationkelowna.com), and the Nordic Cross-Country Ski Club (www.kelownanordic.com).